

OLLI at SBU Spring 2026 Schedule

Semester Start: 2/9/26 | Semester End: 5/1/26

Workshops not in session during Spring Break: 3/16/26 - 3/20/26

PLEASE CHECK THE [CANCELLATION DOCUMENT](#) EACH DAY BEFORE COMING TO CAMPUS FOR
CANCELLATIONS/ NOT IN SESSION /ROOM CHANGES

Workshop Format Key:

Zoom | **In Person** | **Hybrid**

- SBS- Social & Behavioral Sciences Building
- SAC- Student Activity Center
- Union- Stony Brook Union

Table of Contents

Monday	2
Tuesday	3
Wednesday	4
Thursday	5
Friday	6



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Monday

8:30 - 9:45 AM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.						
10:15 - 11:30 AM	History Through Literature Joseph Napolitano, Judith Albano, Laura Filippino Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: SBS N119	The Twilight Zone Robert Mirman, Jay Zuckerman Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: SAC 306	Guitar Jam Beginner's Workshop Douglas Hodges Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: Union Rehearsal Room L03-01	Meditation and Mindfulness Karen Santoro Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: SBS S102	Our Planet in Focus: Climate, Culture & Sustainability School of Marine and Atmospheric Science & Collaborative for the Earth Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: Union Auditorium	Poetry Workshop Geraldine Kaplan, Bob Stone Dates: 2/9 - 4/27 Number of Sessions: 11	
12:00 - 1:15 PM	Mysteries of Aging Larry Wilson Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: SBS S104	Introduction to the Macintosh Computer Frank De Rubeis Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: SBS S104	Mindfulness Made Easy Edward Schechtman Dates: 2/23 - 4/13 Number of Sessions: 7 LOCATION: SBS S102	ABC's for Personal Safety: Awareness, Balance, Coordination, and Strength. Iris McKenna Dates: 2/9 - 4/6 Number of Sessions: 8 LOCATION: Union Rehearsal Room L03-01	Understanding Genetics Edwin Cohen Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: Union Auditorium	A Celebration of Rock and Soul Music Bob Hayes, Susan Steinmann Dates: 2/9 - 4/27 Number of Sessions: 11	Current Events Len Farano Dates: 2/9 - 4/27 Number of Sessions: 11
1:45 - 3:00 PM	The New OLLI Singers Debbie Starker, Ed Metzendorf Dates: 2/9 - 4/27 Number of Sessions: 11 LOCATION: Union Rehearsal Room L03-01	Not in Session 4/6 Adolescent Literature for Adults: Banned Books II Ellen Perz Dates: 2/9 - 4/27 Number of Sessions: 10 LOCATION: SBS S102	Topics in Art History Angela Bari Dates: 2/9 - 4/20 Number of Sessions: 10 LOCATION: Union Auditorium	Not in Session 3/2, 4/6 New York Times Science Seminar Bonnie Marks, Allen Sachs Dates: 2/9 - 4/27 Number of Sessions: 9 LOCATION: SAC 306	Wouldn't you like to know? Bruce Stasiuk Dates: 2/9 - 4/27 Number of Sessions: 11		
3:30 - 4:45 PM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.						



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Tuesday

8:30 - 9:45 AM	American Foreign Policy Martin Levinson Dates: 3/10 - 4/28 Number of Sessions: 7					
10:15 - 11:30 AM	Magic for Grandparents Michael Maione, John Ragone Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S109	A Potpourri of Topics in Physics Edward Wright, Walter Feldman Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S104	Making Stress Work For You Wayne Snell Dates: 3/3 - 4/28 Number of Sessions: 8 LOCATION: SBS S102 & Zoom	Let's talk about Climate Change Thomas Roser Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS N119 & Zoom	The Voyage of St. Brendan, the Abbot Thomas Hayes Dates: 2/10 - 4/28 Number of Sessions: 11	Yoga 101 Denise Teague Dates: 2/10 - 4/28 Number of Sessions: 11
12:00 - 1:15 PM	Protest Songs/Songs of Hope of the 60s/70s Marc Comerchero Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: Union Auditorium	Google FREE Stuff? Thom Brownworth, Mark Correa Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S104	A Journey into the Great Divide of Human Consciousness Anthony A. Esposito Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S102	American Plays Plus Colleen Rudman, Kathi Matos Dates: 2/10 - 4/28 Number of Sessions: 11		
1:45 - 3:00 PM	*1:00 - 4:00 PM* Duplicate Bridge Arnie Fox & Sherry Shore Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: Research & Dev Pk, Building 17, Room 109	Not in Session 2/24 *1:45 - 4:00 PM* So You've Always Wanted to Act Debbie Starker Dates: 2/10 - 4/28 Number of Sessions: 10 LOCATION: SBS N119	*1:45 - 3:15 PM* Seasonal Crafting Pam O'Brien, Nancy Pally Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S104	Exploring the World of Journalism SBU School of Communication and Journalism Dates: 2/10 - 3/31 Number of Sessions: 7 LOCATION: Union Auditorium	Behavioral Neurosciences Amazingly Simplified: Don't Retire! Rewire! Refire! Paul Mohan Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S102 & Zoom	
3:30 - 4:45 PM			The Science Behind Living Your Best Life SBU Center for Healthy Aging Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: Union Auditorium			



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Wednesday

8:30 - 9:45 AM	*8:30 - 11:30 AM* Watercolor Studio Robert Stone & Dorothy Sterrett Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S104	Ici on parle francais Catherine McDonnell Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S109				
10:15 - 11:30 AM		Conversational French Linda Dapolito Dates: 2/11 - 4/22 Number of Sessions: 10 LOCATION: SBS S109	Women You Should Know Ella Nyc, Mary Hance, Fran Leiboff Dates: 2/11 - 4/8 Number of Sessions: 8 LOCATION: SAC 302	Not in Session 3/11, 3/25, 4/1 The Constitution: Written in the Past, amended in the Present, and Governing Our Future Richard Ernst Dates: 2/11 - 4/29 Number of Sessions: 8 LOCATION: SAC 306	Great Short Stories - Raymond Carver Joe Perlman Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS N119	Never Again- the holocaust and its aftermath. Rabbi David Altman Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S102
12:00 - 1:15 PM	Poetry Out Loud Florence Mondry Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S102	Am I my Father's Son? Joe Perlman, Ed Kislik Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S104	WUSB Unplugged: Conversations with Hosts and DJS from the SBU Campus Radio Station SBU WUSB radio Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: Union Auditorium	Digesting a Good Book Dana Geils Dates: 3/25, 4/22 Number of Sessions: 2	"Near Death & Spiritually Transformative Experiences" How These Experiences Change Lives In A Meaningful Way Catherine Chapey Dates: 2/11 - 4/29 Number of Sessions: 11	The Mystery Novel as Literature: The Golden Age of the Detective Story Tasha H Greenberg Dates: 2/11 - 4/29 Number of Sessions: 11
1:45 - 3:00 PM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.					
3:30 - 4:45 PM						

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Thursday

8:30 - 9:45 AM							
10:15 - 11:30 AM	*10:00AM - 3:00 PM* Stained Glass Workshop Diane Streuli, Susan Vlahakis & Linda Hamatz Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S109	The Theory of Reincarnation and Its Sources Gregory Alexander Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S102	Not in Session 4/16, 4/23 A Continuing Journey of Pop Artists Gary Field, Suzanne Field Dates: 3/5 - 4/30 Number of Sessions: 6 LOCATION: Wang 201	Science Fiction in Print and Film Scott McMullen Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS N119	Let's Play Chess Dan Sherry, Carlos Delossantos Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S104	A History of Long Island Native Americans - Part 2 John Gobler Dates: 2/12 - 4/30 Number of Sessions: 11	Tragic Theater Arthur Bernstein Dates: 2/12 - 4/30 Number of Sessions: 11
12:00 - 1:15 PM	*1:00 - 4:00 PM* Beginning Bridge Part 3 Linda Good & Merna Avril Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: Research & Dev Pk, Building 17, Room 109	Continuing the Journey into the Great Divide. Part II - The Psyche Anthony A. Esposito Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S102	Español: Pasado, Presente y Futuro Anahi Walton Schafer Dates: 4/2 - 4/30 Number of Sessions: 5 LOCATION: SBS S104	*12:00 - 1:45 PM* Casual Cards and Games Mary and Scott McMullen Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS N119	Not in Session 4/2 Now that's Entertainment! Jeff Hollander, Diane Hollander, Larry Fein Dates: 3/5 - 4/30 Number of Sessions: 7		
1:45 - 3:00 PM		*1:00 - 4:00 PM* Reimagine Your Garden, Rethink Your Practices Anahi Walton Schafer Dates: 2/12 - 4/23 Number of Sessions: 6 LOCATION: SBS S104	Not in Session 2/19, 3/5, 4/2, 4/16 Reimagine Your Garden, Rethink Your Practices Anahi Walton Schafer Dates: 2/12 - 4/23 Number of Sessions: 6 LOCATION: SBS S104	A Survey of Enjoyable Music Fred Friedberg Dates: 2/12 - 4/16 Number of Sessions: 9	*1:45 - 3:45 PM* Writers at Work (previously named "The Craft of photoWriting") Amy Benjamin & Mary Ann Sommerstad Dates: 2/12 - 4/30 Number of Sessions: 11		
3:30 - 4:45 PM	Not in Session 4/2 John Steinbeck's The Long Valley Richard Hart Dates: 2/12 - 4/30 Number of Sessions: 10	Dev Pk, Building 17, Room 109					



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8:30 - 9:45 AM	<p>Not in Session 4/17 20TH Century American Presidential Elections Kenneth Geils, Dana Geils Dates: 3/6 - 5/1 Number of Sessions: 7 LOCATION: Union Auditorium</p>	<p>Adventures in Art and Photography Eric Lohse Dates: 2/13 - 5/1 Number of Sessions: 11</p>		<p>*9:30 - 11:30 AM* Kitchen Bridge Mary Hance, Laura Joseph Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: Research & Dev Pk, Building 17, Room 109</p>	<p>*9:30 - 11:30 AM* Memoir Writing Dorothy Schiff Shannon Dates: 2/13 - 5/1 Number of Sessions: 11</p>		
10:15 - 11:30 AM	<p>Not in Session 4/17 World War II Paul Knel Dates: 2/13 - 5/1 Number of Sessions: 10 LOCATION: Union Auditorium</p>	<p>Not in Session 3/6, 3/27 Shakespeare in Your World Amy Benjamin Dates: 2/13 - 5/1 Number of Sessions: 9 LOCATION: SBS N119</p>	<p>Makers and Muses: Women in Italian Art, Cinema, and Literature Center for Italian Studies Dates: 2/13 - 4/17 Number of Sessions: 9 LOCATION: Melville Library, 4th flr, Room E- 4340</p>			<p>Not in Session 4/3 Drawing Workshop Richard Bova Dates: 2/13 - 5/1 Number of Sessions: 10</p>	<p>Creative Photography Doris Diamond Dates: 2/13 - 5/1 Number of Sessions: 11</p>
12:00 - 1:15 PM	<p>Not in Session 4/17 Op-Ed Your Opinion of Their Opinion Ken Buxbaum & William Russell Dates: 2/13 - 5/1 Number of Sessions: 10 LOCATION: Union Auditorium</p>	<p>Great Books Anita Edwards Dates: 2/13 - 5/1 Number of Sessions: 11</p>					
1:45 - 3:00 PM	<p>Not in Session 4/17 Rights, Camera Action! Tony Parlato & Laura Joseph Dates: 2/13 - 5/1 Number of Sessions: 10 LOCATION: Union Auditorium</p>						
3:30 - 4:45 PM							